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**Making a Difference in the Lives of Wounded Warriors**  
**Stars to support Veterans on the Road 2 Recovery**

Dozens of injured troops along with celebrities, athletes, and elected officials will participate in the 7 day, 420-mile 2008 Road 2 Recovery California Challenge. Actors Mike Vogel (Cloverfield), chair of this year's VA National Salute to Hospitalized Veterans, Gary Sinise, and Ed Begley Jr. are among the participants joining dozens of injured veterans to raise funds to support Spinning® and outdoor cycling programs at Military and VA locations around the U.S. and help wounded warriors overcome obstacles they face. The ride will pass several military bases in California

"This trip is not so much about having fun as it is about transforming your new body with something you can work with the rest of your life," - Capt. Ferris Butler

On Sunday, September 28, the ride will leave the San Francisco VA after a 9:00 am ceremony and finish Oct. 4 at the West Los Angeles VA with a USO Concert featuring Gary Sinise and the Lt. Dan Band for veterans, participants, and their families. The American Legion Riders will provide a motorcycle escort during the event and several Posts will sponsor rest stops and dinners including the Elks and City of Solvang, which will host a fundraising dinner on Oct.2.

Wounded warriors from San Diego Naval Hospital, Walter Reed MC, Palo Alto VA, and various VA's throughout the US are expected to participate. Other riders include Olympian Wayne Stetina, the Executive Director of the American Legion Aux., and The National Board of the USO.

**Mission of R2R**

To improve the health and wellness of wounded warriors by providing a life changing experience that can impact their lives forever.

Held in partnership with the Fitness Challenge Foundation, the R2R supports Spinning® and outdoor cycling programs at Military and VA locations around the U.S. to help wounded warriors overcome obstacles they face. Cycling is an important part of the recovery and rehabilitation program for two reasons:

1. Cycling is an activity that almost all patients with mental and physical disabilities can participate.
2. Participation in the Road 2 Recovery Program helps speed up the recovery and rehabilitation process.

At various WTU and VA locations, the entire multidisciplinary staff has come to support the use of bicycling as an intervention for better psychological and physical health. Recreation Therapy, Readjustment Counseling, Social Work, Health Science, and Nursing staffs have participated as leaders of rides and spin classes.

Supporters include USO, Star Trac, VFW, American Legion, American Legion Auxiliary, VA, Operation Rebound, Step Up 4 Vets, Mad Dogg Athletics, ZteaM, Giant Bicycles, Coca-Cola, League of American Bicyclists, Shimano, Veltec Sports, Hincapie Sports, Alternative Vehicles, Rudy Project, DeFeet, Park Tool, Speedplay, Chamois Butt'r, Cyto Sport, Clif Bar, ProMax, and Bicycling Magazine.

The Fitness Challenge Foundation is an official partner of "America Supports You", the official Department of Defense program encouraging support of US Military around the world, especially those fighting overseas and communicates that support to members of our Armed Forces at home and abroad.

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